

BOOK STALL



Loved&Lost

By Simon Bray

“ The book shares the story of five participants who have been asked to find an image of themselves with someone who has passed away. ”

Photographer, Simon Bray, lost his father to prostate cancer in December 2009. When his dad died, the loss shaped the following few years of Simon's life.

Simon wanted to talk about his dad, and to share with others about the person his father was - and the emotions he was feeling - as he processed the grief. However, those conversations were often hard, and few and far between, mainly because people just didn't quite know how to respond.

Simon began a project titled *Loved&Lost*, a platform allowing others to acknowledge their loss. The project invites people to explore their experience of loss.

The project is currently exhibited at Weston Park Museum, Sheffield, and the first in a series of books -

Loved&Lost - Volume 1, containing five stories from the project, - has been published.

The book shares the story of five participants who have been asked to find an image of themselves with someone who has passed away. With Simon, those sharing their stories have returned to the location of the photograph to restage it, before reflecting and recording a conversation.

Loved&Lost is an opportunity to think back and reflect, to make space to talk about loss and to celebrate those no longer with us.

To see the project visit: www.lovedandlostproject.co.uk

To purchase *Loved&Lost* - Volume 1 visit: www.lovedandlostproject.co.uk/shop



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