

PODCAST REVIEW

The Art of Dying Well

The Art of Dying Well podcasts aim to make death and dying something talked about openly without discomfort or fear.

Each month the podcast features a guest on a key topic, engages in some 'death chatter' before getting the 'view from the Chaplain's chair'.

The latest episode discusses lockdown loss and pandemic trauma. Lockdown may be easing, but COVID-19 is certainly not a thing of the past. Whilst politicians turn their thoughts to the economy, children return to school and restrictions are being removed, many people are still coping with grief, fear,

separation and isolation. The podcast looks at what mark the trauma of being denied a final farewell might leave on our generation.

Stephen Regal, clinical lead at the Centre for Trauma, Resilience and Growth, has a wealth of experience when it comes to sudden acute loss. Stephen is a guest on the episode and talks through how people might be able to come to terms with their loss and deal with the guilt of not saying goodbye.

To listen search for *The Art of Dying Well* on your podcast platform.



COMING SOON:

NEW TEARDROP URNS

All memorial items from the FP-Originals collection are designed and produced by Funeral Products. Finding their inspiration in the aesthetics of Dutch Design. The latest addition to this collection are the new Teardrop urns, made from various premium quality metals.

The new Teardrop has a gentle shape, giving it an elegant and stylish look. A powerful design which preserves all the special memories. The abstract contour of the tip of the urn completes the tear-shape design. Symbolizing a final goodbye to a loved one.



 **Funeral products**
keeping the memory alive


ORIGINAL
PRODUCT

68 Tudor House | SE1 2SA
Duchess Walk | London | T 01908 538016
m.brooks@funeralproducts.nl | uk.funeralproducts.eu